

STRONGER

SMALL GROUP STUDY GUIDE

This study guide is meant to be used as a simple, three-step tool to help your small group dive deeper into God's Word, nurture conversation, and draw your group nearer to Christ. As a leader, begin your group in prayer by asking the Holy Spirit to lead your discussion.



WATCH

Watch *Stronger* with your small group and allow time for reflection and observation after the film is finished.

1



READ

Read Psalm 18:1-3 out loud with your group and allow time for reflection and observation of the passage of Scripture.

2



SHARE

1. In the film, Robert desires to be the absolute strongest. Where, or to whom, do you look to find strength (wealth, relationships, etc.)?
2. The psalmist declares in various ways that he finds his strength in God. How do you struggle to believe that God is your strength?
3. True strength is found in Christ, who delivered you from your enemies (sin, Satan, and death) through his sacrifice on the cross. How is this better than where you often look to find strength?
4. Robert joyfully puts faith in Christ rather than himself. What would it practically look like to rely on Christ's strength and not your own?

3

