

B E S T I L L

DISCUSSION GUIDE

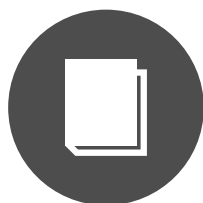
This discussion guide is meant to be used as a simple, three-step tool to help your small group dive deeper into God's Word, nurture conversation, and draw your group nearer to Christ. As a leader, begin your group in prayer by asking the Holy Spirit to lead your discussion.



WATCH

Watch *Be Still* with your small group and allow time for reflection and observation after the film is finished.

STEP 1



READ

Read Psalm 46 out loud with your group and allow time for reflection and observation of the passage of Scripture.

STEP 2



ASK

1. Psalm 46 contains vivid imagery of suffering and devastation. How are these truths exhibited in our world and/or in your life?
2. When hardship comes in life, where do you seek refuge other than the presence of God and why?
3. List the attributes of God portrayed in Psalm 46. How do they compare to the alternative "places" you seek refuge in life?
4. In verse 10, God commands us to "Be still". How does Christ's finished work and the indwelling Holy Spirit enable you to do that?

STEP 3