

曾经是个无神论者

Alex was an Atheist

DISCUSSION GUIDE

This discussion guide is meant to be used as a simple, three-step tool to help your small group dive deeper into God's Word, nurture conversation, and draw your group nearer to Christ. As a leader, begin your group in prayer by asking the Holy Spirit to lead your discussion.



WATCH

Watch *Alex was an Atheist* with your small group and allow time for reflection and observation after the film is finished.

STEP 1



READ

Read Matthew 11:27-30 out loud with your group and allow time for reflection and observation of the passage of Scripture.

STEP 2



ASK

1. What do verses 28-29 reveal about Jesus' character? What is your response to these verses?
2. Christ calls "all who labor and are heavy laden" to Himself. Do you feel "heavy laden" in life? Why or why not?
3. What do you struggle to believe about verses 28-30? Is it possible to achieve "rest" by your own efforts?
4. If you put your faith in Christ, how does Jesus give you rest? If you struggle with faith, is rest something you desire?

STEP 3